

PERAK

G U I D E

For further informations, call:

STATE ECONOMIC PLANNING UNIT

Pejabat Setiausaha Kerajaan Negeri
30000 Ipoh, Perak Darul Ridzuan
Tel: 05-2532 800

PERAK TOURIST INFORMATION CENTRE

Jalan Tun Sambanthan
30000 Ipoh, Perak Darul Ridzuan
Tel: 05-2412959/2412958

PERAK TOURIST ASSOCIATION

No. 22, Persiaran Medan Bercham 5
Pusat Bandar Baru Bercham
31400 Ipoh, Perak
Tel: 05-5363261 Fax: 05-5363275

TOURISM MALAYSIA HEAD OFFICE

17th Floor, Menara Dato' Onn
Putra World Trade Centre,
45, Jalan Tun Ismail, 50480 KUALA LUMPUR
Tel: 03-2935188 Fax: 03-2935884/2930207
URT : <http://tourism.gov.my>
E-mail : tourism@tourism.gov.my

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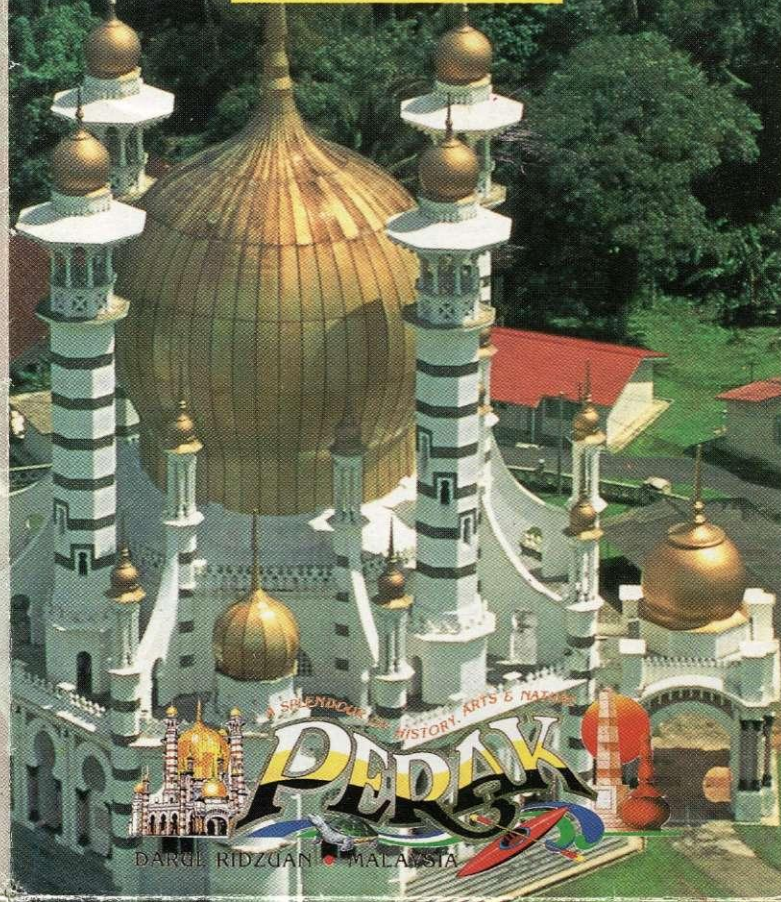
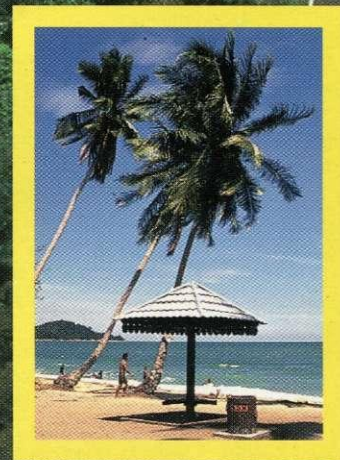


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Perak Darul Ridzuan

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TRAFFICKING IN ILLEGAL DRUGS CARRIES THE DEATH PENALTY





BACKGROUND

Perak Darul Ridzuan, the Land of Grace, covers an area of 21,000 square kilometres and has a population of about two million.

The state is divided into nine districts and its major towns include Ipoh, Kuala Kangsar, Taiping, Teluk Intan and Lumut. Kuala Kangsar is the royal town of Perak, while Ipoh is the administrative centre and state capital.

For centuries, Perak was renowned for its rich tin deposits. It is believed that the state derived its name, which means silver in Malay, from the silvery tin ore.

The discovery of tin by Long Jaafar brought about an influx of immigrants to Perak. Today, Perak has developed into a harmonious multi-racial society characterised by a diversity of language, culture and heritage.

HISTORY

The present sultanate traces its origins to Sultan Muzaffar Shah, the eldest son of the last Sultan of Melaka. Because of its rich tin deposits, Perak constantly faced outside threats to its sovereignty. The state was first ravaged by the Achinese in the 16th century. After 1641, the Dutch attempted to establish a monopoly over Perak's tin trade by building forts on Pangkor Island and at the mouth of Perak River, but without great success. In the 18th century, Perak was threatened by the Bugis in the South and the Thai in the north. The state was saved from the Thai domination with British assistance in the 1820s.

The growing importance of tin on the world market led to an influx of Chinese miners into the rich tin fields of Larut. This development however, destabilized the traditional Malay policy in the Perak River Valley. In the 1870s the state was torn by a succession dispute to the throne and war in Larut between fueding Chinese tin miners. This led to the British intervention in 1874 when they impose the Pangkor Engagement on the Perak chiefs and took control of the state.

Constant apposition from the Perak Chiefs resulted in the assassination of the first British Resident and a brief war. The state later became a model for the development of British 'residential system' and in 1896 became one of the four Malay states forming the Federated Malay States.

ECONOMY

Perak has a proud track record of making the best of every circumstances. Despite the tin slump in 1983, it has succeeded in restructuring its economic development, resulting in continuous industrial growth. A sound infrastructure and facilities of international standard make it an ideal environment for business enterprise.

Originally an obscure kampung with dilapidated buildings, Ipoh, the town that tin built, has become one of the largest cities in Malaysian. Poised to become a focal point of industry, business, investment, education and social activities, Ipoh reflects the overall progress and development that the state is experiencing.

SHOPPING

There are many modern shopping centres and supermarkets in Perak, especially in Ipoh and the major towns. Other places where you can pick up good bargains are at the pasar malam or night markets. These are street bazaars that stock everything from local handicrafts to folk medicine, from farm-fresh produce to casual wear.

■ Handicraft

Traditional handicraft is a prominent cottage industry in Perak and is predominantly found in Kuala Kangsar. There are many handicraft centres which sell local crafts such as labu sayong (earthenware), tekak benang emas (gold embroidery), bamboo carvings and seashell designs. The most popular centres are at Enggor, Kampung Berala, Kampung Padang Changkat and Kampung Kepala Bendang. However, you will be able to find well-stocked handicraft centres along every route you travel.



■ Local Fruits

A trip to Perak isn't complete without a taste of pomelos and seedless guavas. Pomelos are seedless citrus fruits usually the size of a soccer ball, and are grown exclusively in the state. Other succulent fruits include seasonal rambutan, mangosteens, mangoes and durians.



■ "Pasar Malam" - Night Market

Pasar malam is a potpourri of sights and sounds, making it a fascinating experience of a truly Malaysian identity. Comprising makeshift stalls which stock anything from folk medicine and fresh fruits to household utensils and fashionwear, these night bazaars are a treat for the senses and a paradise for bargain hunters.

PLACES OF

Perak Darul Ridzuan has just about everything for everyone : places, and graces that speak of genuine warmth and charming hospitality. It is rich with history, culture, folklore and heritage.

It is the state of ageless architectural splendours, island resorts that offer sun, sea and sand, virgin tropical jungles, beautiful holiday hideaways, natural recreational parks and a host of specialised museums. Discover the treasures that make Perak such a fascinating experience.

■ Perak Tong & Sam Poh Tong

Within the huge limestone caves of Gunung Tasek, 6 km to the north of Ipoh, nestles the Perak Tong temple. Built in 1926 by a Buddhist priest from China, the temple houses over 40 Buddha. Beyond the main altar, a passage leads into the cave's interior. After a steep climb of 385 steps, the cave opens again to reveal a wonderful view of the surrounding countryside.

Another famous cave temple is the Sam Poh Tong temple, located in Gunung Rapat, 5 km south of Ipoh. The temple is an impressive work of art and faith, with various statues of Buddha among natural stalactites and stalagmites. There is also a pond where visitors can feed tortoise, (symbol of longevity) with stalks of vegetables and a wishing well for those seeking better fortunes. Outside the temple is a vegetarian restaurant.



■ Tambun Hot Springs

A 15-minute drive from Ipoh towards Tanjung Rambutan brings you to the foot of a limestone hill where a rejuvenating experience awaits you - an invigorating hot bath from a natural spring. The bath is open daily from 3.00 pm to 12.00 midnight. The facilities include saunas and restrooms. Entrance fee is RM 5.00.

Other hot springs in Perak are at Sungkai, Pengkalan Hulu, Kampung Ulu Slim in Slim River, Kampung Air Panas in Grik and Manong in Kuala Kangsar.



■ Ipoh Railway Station

The Ipoh Railway Station bears close resemblance to its Kuala Lumpur counterpart and is affectionately known to locals as the Taj Mahal of Ipoh. An impressive landmark which combines Moorish architecture with modern embellishments, it is surrounded by a beautiful floral garden which serves as a charming welcome for tourist.



■ Kellie's Castle

About 30 minutes drive from Ipoh, it is believed that Kellie's Castle has hidden rooms and a secret tunnel. The road which leads to the Castle follows the contours of the land in a dizzying, maze-like fashion, adding to the mystery and romance of the place.

■ Kuala Woh Jungle Park

Situated about 13km from Tapah, on the way to Cameron Highlands, Kuala Woh presents a natural backdrop for fun-seekers to swim, picnic and fish. Interesting features include the natural hot-water pool, various waterfalls and Tebing Merbau. Orang asli, or aborigines, live in this area, according to their traditional way of life. They are friendly but shy by nature.

Besides Lata Iskandar and Kuala Woh, there are two other waterfalls sites which are quite popular: the Ulu Kinta Waterfalls, 16km from Ipoh, and Batu Hampar near Taiping.



INTEREST

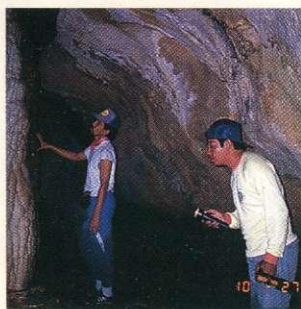


■ Lata Kinjang

Lata Kinjang is located about 18 km from Tapah. The main attraction at this waterfall is the impressive series of cascades winding down a 100-metre drop. There are parking bays and eating stalls for picnickers. Visitors may also visit an orchid garden and a bamboo park.

■ Gua Tempurung

Believed to have existed since 8000 B.C., Gua Tempurung is probably the largest natural limestone cave in Malaysia. Situated about 24 kilometres from Ipoh, the cave stretches for 1.5 kilometres and is made up of five huge domes whose ceilings resemble coconut shells. Each dome has different formations of stalagmites and stalactites as well as differing temperatures, water levels, content of limestone and marble.



■ Geological Museum

Established in 1957, the Geological Museum at Jalan Sultan Azlan Shah in Ipoh houses a collection of over 600 samples of minerals, classified according to chemical content and structure. The museum is well-known for its exhibition of tin ore, including the best specimen of cassiterite in the world. There is also an impressive collection of fossils, precious stones and rock specimens.



Visiting hours are from 8.00 am to 4.15 pm (Mon-Fri) and 8.00 am to 12.45 pm (Sat). Admission is free but visitors must obtain entry permission from the information counter.



■ DBI Swimming Complex

The Dewan Bandaraya Ipoh Swimming Complex is the largest and most modern complex of its kind in South-East Asia and boasts an Olympic-size pool, a diving pool, a beginners' pool, a children's pool - and the first ever wave pool in Malaysia. The complex is part of the Perak Sports Complex which also houses a stadium with a velodrome and astro turf field.

Entrance fee:	(Weekdays)	(Weekend/Public Holidays)
Adults	RM 1.00	RM 2.00
Children	RM 0.50	RM 1.00

■ Darul Ridzuan Museum

It is located at Jalan Panglima Bukit Gantang Wahab, Ipoh and was officially open to the public in 1992. Among the interesting artifacts on show are the history and development of Ipoh and the mining and forestry industry of Perak. Built more than a hundred years ago and it has a colourful history. Among others it has been home to the Malay Chieftains of Kinta and the British rulers. The museum is opened everyday (a half day on Thursday) except Friday from 9.00 am to 5.00 pm. Admission is free.

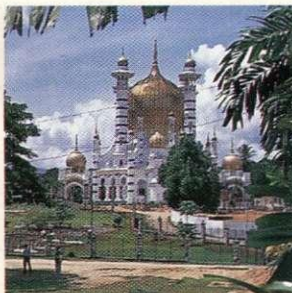


■ D R Seenivasagam Park

The fresh atmosphere and variety of flora are the main attractions of this park in Ipoh. Children can enjoy several recreational and amusement facilities such as the roller-skating rink, a playground and a mini-train course.

■ Ubudiah Mosque

Located at Bukit Chandan, Kuala Kangsar, The Ubudiah Mosque is reputed to be one of the most beautiful mosques in the country and a symbol of pride and faith for all Muslims in Perak. The mosque's magnificent golden dome and minarets are testaments to the beauty of Islamic architecture.



The construction of the mosque began in the reign of Sultan Idris Murshidul Adzam Shah I, the 28th Sultan of Perak. The mosque was officially opened by Sultan Jalil Karamatullah Shah in 1917.

■ Royal Museum

Previously known as Istana Kenangan, Istana Tepas and Istana Lembah, the Perak Royal Museum is an amazing achievement in architecture. It was built without any architectural plans and without using a single nail. Situated near the Istana Iskandariah, the Sultan of Perak's official palace at Kuala Kangsar.



■ River Terrapin Breeding Project (Bota Kanan)

A breeding farm for "Tuntung" (river terrapins or Batakur baska) is located at Bota Kanan, about 40km from Ipoh. Opened in 1967 by the State's Dept of Wildlife and National Parks, the primary aim of this project is the conservation of this species. To date the hatchery at Bota Kanan has released more than 25,000 hatchlings into the Perak river. Between November and March, visitors can witness migrating river terrapins laying eggs in the wilds.

■ The First Rubber Tree

The first rubber tree was planted in 1877 near the Kuala Kangsar District Office. It was the only tree that survived, out of the nine that was planted. The rubber seeds were brought over to Singapore, then to Kuala Kangsar, from the Kew Garden in London by H.N. Ridley. He was responsible for turning Kuala Kangsar into first rubber industry district and finally, making rubber as an important source of income for Malaysia.



■ Bukit Larut (Maxwell Hill)

Malaysia's oldest hill resort is located on Bukit Larut (formerly called Maxwell Hill), it is accessible only by four-wheel drive vehicles. The road up twists and turns through tropical virgin jungle, the fresh green fragrance and cool air greeting you as you ascend. At the summit you are treated to a spectacular view of the west coast of the peninsula. Visitors can either stay at the Bukit Larut Resthouse or by making reservation through the Superintendent of Bukit Larut, Taiping, Tel: 05- 827243/827241. A Land Rover service at the foot of the hill is available at hourly intervals from 7.00 am to 6.00 pm daily. Fares are RM 2.50 for adults and RM 1.00 for children.



■ Perak Museum, Taiping

Built in 1883, the Perak Museum is the oldest museum in the country. It houses an impressive collection of ancient weapons, aboriginal implements, ornaments and archaeological treasures. Also on display are artifacts from Perak's rich historical culture and heritage. An excellent place to begin an in-depth study of the state and its past achievements. Visiting hours: 9.30 am to 5.00 pm. Admission - Free



■ Taiping Lake Gardens

This 62-hectare park is one of the biggest and most beautiful parks in the country. It offers lush greenery, a beautiful lake abounding with freshwater fish, a gazebo and a colourful profusion of flowers.

The Taiping Zoo, probably the oldest zoo in the country, is another attraction located within the Gardens. Visiting hours 8.30 am to 6.30 pm daily. Fares are RM3.00 for adults, RM1.50 for children, primary student with uniform RM0.50 and secondary student with uniform RM1.00.

Other facilities available at the Gardens include a rest house, fishing and aquabiking in the area.



USEFUL INFORMATION

ACCOMMODATION

NAME/ADDRESS TELEPHONE

Dragon & Phoenix Hotel

23 - 25, Jalan Toh Puan Chah, Ipoh
Tel: 05-2534661 Fax: 05-2535096

Eastern Hotel

118, Jalan Sultan Idris Shah, Ipoh
Tel: 05-2543936 Fax: 05-2551465

Excelsior Hotel

43, Jalan Sultan Abdul Jalil, Ipoh
Tel: 05-536666 Fax: 2536912

Fairmont Hotel

10, Jalan Kampar, Ipoh
Tel: 05-2559999 Fax: 05-2556352

French Hotel

60 - 62, Jalan Dato' Onn Jaafar, Ipoh
Tel: 05-2533111 Fax: 05-2552975

Heritage Hotel

Jalan Raja DiHilir, Ipoh
Tel: 05-2428888 Fax: 05-2415299

Hillcity Hotel & Condo

No. 227, Jalan Gopeng, Ipoh
Tel: 05-3135555 Fax: 05-3129355

Hotel Fair Park

85, Jalan Kamaruddin Isa, Ipoh
Tel: 05-5488666 Fax: 05-5484859

Hotel Seri Malaysia

Lot 10406 Jalan Sturrock,
off Jalan Tambun, Ipoh
Tel: 05-2412936 Fax: 05-2412946

Lotte Hotel

97, Jalan Dato' Onn Jaafar, Ipoh
Tel: 05-2542215 Fax: 05-2551160

Mikado Hotel

86 - 88, Jalan Yang Kalsom, Ipoh
Tel: 05-2555855

Regalodge

131, Jalan Raja Ekram, Ipoh
Tel: 05-2425555 Fax: 05-2411555

Ritz Garden Hotel

79, Jalan C.M. Yusuff, Ipoh
Tel: 05-2547777 Fax: 05-2545222

Ritz Kowloon Hotel

92-96, Jalan Yang Kalsom, Ipoh
Tel: 05-2547778 Fax: 05-2533800

Robin Hotel

100-110, Jalan Mustapha Al-Bakri, Ipoh
Tel: 05-2421888 Fax: 05-2541818

Tambun Inn

91, Jalan Tambun, Ipoh
Tel: 05-5477211 Fax: 05-5467887

The Casuarina Parkway

18, Jalan Gopeng, Ipoh
Tel: 05-2555555 Fax: 05-2558177

The Majestic Station Hotel

Bangunan Station Keretapi,
Jln. Bendulima Rd. Carang, Wajah, Ipoh

Hotel Damai

Lot 6298, Jalan Taiping, Parit Buntar
Tel: 05-7168222 Fax: 05-7163222

Pekan Baru Hotel

Jalan Helang, Parit Buntar
Tel: 05-7162397

Rumah Rehat Kerajaan

Parit Buntar
Tel: 05-7167290 Fax: 05-7167308

Rumah Rehat Kerian

c/o Majlis Daerah Kerian, Parit Buntar
Tel: 05-7763872

Blue Bay Resort

4, Jalan Titi Panjang, Lumut
Tel: 05-6836939 Fax: 05-6836239

D' Puncak Villa

Pantai Teluk Batik, Lumut
Tel: 05-6838281 Fax: 05-6838386

Hotel Manjung Permai

Lot 211-213, Jalan Iskandar Shah, Lumut
Tel: 05-6834934 Fax: 05-6834937

Lumut Country Resort

331, Jalan Titi Panjang, Lumut
Tel: 05-6835109 Fax: 05-6835396

Lumut Villa Inn

Batu 1, Jalan Sitiawan, Lumut
Tel: 05-6835982 Fax: 05-6723802

Swiss-Garden Resort

101-107, Jalan Titi Panjang, Lumut
Tel: 05-6838333 Fax: 05-6838158

Teluk Batik Chalet

Pantai Teluk Batik, Lumut
Tel: 05-6835809

The Orient Star Resort Lumut

Lot 203 & 366, Jalan Iskandar Shah,
Lumut
Tel: 05-6834199 Fax: 05-6834223

Beach Hut Hotel

Pantai Pasir Bogak, Pulau Pangkor
Tel: 05-6853426 Fax: 05-6851159

Khoo Holiday Resort

Pantai Pasir Bogak, Pulau Pangkor
Tel: 05-6851164 Fax: 05-6851164

Lambaian Beach Resort

Lot 15, Jalan Pasir Bogak,
Pulau Pangkor
Tel: 05-6854020 Fax: 05-6854022

Min Lian Hotel

1-A, Jalan Besar, Pulau Pangkor
Tel: 05-6851294

Mizam Country Club Resort

Lot 4507 & 4515,
Teluk Nipah, Pulau Pangkor
Tel: 05-6853359 Fax: 05-6853359

The Pan Pacific Resort

TRANSPORT

BY BUS

FROM IPOH TO	NAME	TEL	FARE
K. Lumpur	Sri Maju Express	05-2416434/2535367	RM 8.50
K. Lumpur	Hosni Express	05-2548845/2538096	RM 8.50
K. Lumpur	Syarikat Perjalanan Terus (SPT)	05-2550442	RM 8.20
K. Lumpur	Ekspress National	05-2548804	RM 8.60
K. Lumpur	Parit Enterprise	05-2530530/2555954	RM 8.00
Butterworth	Sri Maju Express	05-2416434/2414474	RM 6.50
Butterworth	Hosni Express	05-2548845/2538096	RM 7.00
Butterworth	Syarikat Perjalanan Terus (SPT)	05-516272	RM 6.50
Singapore	Sri Maju Express	05-2416434/2535367	RM 25.00
Singapore	Hosni Express	05-2548845/2538096	RM 25.00
Singapore	Syarikat Zaman Indah	05-2419690/2417446	RM 24.60
Taiping	Ipoh-Taiping Express	05-2411828/2416702	RM 3.00
Teluk Intan	Ipoh-Teluk Intan Sdn. Bhd.	05-2540124	RM 3.10
Lumut	Sri Maju Express	05-2416434/2535367	RM 3.50
Lumut	Syarikat Perak Roadway	05-6834358	RM 2.90
Gerik	Syarikat Perak Roadway	05-6834358	RM 5.00
K. Kangsar	Reliance Omnibus Co.	05-2411828/2416702	RM 2.40
Batu Gajah	General Omnibus Co. (Perak)	05-2540671/2537022	RM 1.10
Kota Bharu	Rasima Express	05-2550936	RM 18.00

BY RAIL

FROM IPOH TO	DEPARTURE	CLASS 1	CLASS 2	CLASS 3
Kuala Lumpur	12:44 am - 5.50 pm	RM 38.00	RM 21.00	RM 21.00
Butterworth	10:54 am - 2.59 pm	RM 34.00	RM 19.00	RM 11.00

Railway Station Tel: 05-2540481

BY AIR

Min Lian Hotel
91, Jalan Tambun, Ipoh
Tel: 05-5477211 Fax: 05-5467887

The Casuarina Parkroyal
18, Jalan Gopeng, Ipoh
Tel: 05-2555555 Fax: 05-2558177

The Majestic Station Hotel
Bangunan Station Keretapi,
Jln. Panglima Bkt. Gantang Wahab, Ipoh
Tel: 05-2555605 Fax: 05-2553393

The Syuen
88, Jalan Sultan Abdul Jalil,
Greentown, Ipoh
Tel: 05-2538889 Fax: 05-2533335

YMCA of Ipoh
211, Jalan Raja Musa Aziz, Ipoh
Tel: 05-2540809

Angsoka Hotel
24, Jalan Changkat Jong, Teluk Intan
Tel: 05-6223755 Fax: 05-6216399

Anson Hotel
Jalan Sekolah, Teluk Intan
Tel: 05-6226166 Fax: 05-6226168

Rumah Rehat Seri Temenggong
Bukit Chandan, Kuala Kangsar
Tel: 05-7763872 Fax: 05-7768285

Kem Hentian Sayung
Majlis Daerah Kuala Kangsar,
Kuala Kangsar
Tel: 05-7769717

Chalet Sri Tasik
Jalan Padang, Pengkalan Hulu
Tel: 05-4778404

Rumah Rehat Kerajaan
Pengkalan Hulu
Tel: 05-4778464

Lagenda Hotel
No. 101, Jalan Station, Taiping
Tel: 05-8053333 Fax: 05-8053355

Legend Inn
No. 2, Jalan Long Jaafar, Taiping
Tel: 05-8060000 Fax: 05-8066666

Meridien Hotel
2, Jalan Simpang, Taiping
Tel: 05-8081133 Fax: 05-8075251

Panorama Hotel
61 - 79, Jalan Kota, Taiping
Tel: 05-8084111 Fax: 05-8084129

Rumah Rehat Bukit Larut
Bukit Larut, Taiping
Tel: 05-8077241

Seri Malaysia Taiping
4 Jalan Sultan Mansur, Taiping
Tel: 05-8069502 Fax: 05-8069495

Banding Island Resort
P.O. Box 69, Banding, Gerik
Tel: 05-7912273 Fax: 05-7911362

Rumah Rehat Kerajaan Gerik
682, Jalan Haji Meor Yahya, Gerik
Tel: 05-7911454 Fax: 05-7912288

Rumah Rehat Tapah
Bukit Rumah Rehat, Tapah
Tel: 05-4011190

Timuran Hotel
23, Jalan Stesen, Tapah
Tel: 05-4011092

Min Lian Hotel
1-A, Jalan Besar, Pulau Pangkor
Tel: 05-6851294

Mizam Country Club Resort
Lot 4507 & 4515,
Teluk Nipah, Pulau Pangkor
Tel: 05-6853359 Fax: 05-6853359

The Pan Pacific Resort
Pantai Teluk Belanga,
Pulau Pangkor
Tel: 05-6851091 Fax: 05-6851852

Pangkor Bayview Beach Resort
Lot 4449, Teluk Nipah, Pulau Pangkor
Tel: 05-6853540 Fax: 05-6853540

Pangkor Coral Bay Resort S/B
Lot 34, Pasir Bogak, Pulau Pangkor
Tel: 05-6855111 Fax: 05-6855666

Pangkor Holiday Resort
Lot 41, Pasir Bogak, Pulau Pangkor
Tel: 05-6853626 Fax: 05-6853627

Pangkor Laut Resort
Pulau Pangkor Laut,
c/o Lumut Post Office, Lumut
Tel: 05-6991100 Fax: 05-6991200

Pangkor Paradise Village
Pantai Pasir Bogak, Pulau Pangkor
Tel: 05-6851496 Fax: 05-6853787

Seagull Beach Resort
Teluk Nipah, Pulau Pangkor
Tel: 05-6852878 Fax: 05-6852857

Seaview Hotel & Holiday Resort
Pantai Pasir Bogak, Pulau Pangkor
Tel: 05-6851605 Fax: 05-6851970

Sri Bayu Beach Resort
Pantai Pasir Bogak, Pulau Pangkor
Tel: 05-6851929 Fax: 05-6851050

Teluk Dalam Resort
Pantai Teluk Dalam, Pulau Pangkor
Tel: 05-6855000 Fax: 05-6854000

Rumah Rehat Cempaka Sari,
Jalan Kelab, Parit
Tel: 05-3771311

Rumah Rehat Kerajaan
JKR 222, Jalan Rumah Rehat Selama
Tel: 05-8394318

Surkarno House Bed & Breakfast
Kampung Jawang, Salak Utara
Tel: 05-7576386

Oriental Hotel
9, Jalan Kuala Dipang, Kampar
Tel: 05-4651288

Teluk Rubiah Beach Resort
P.O. Box 27, Seri Manjung
Tel: 05-5014000 Fax: 05-5014001

Mandarin Hotel
1, Lorong Tok Perdana, Sitiawan
Tel: 05-6912104

Pacific Hotel
45, Jalan Sungai Batu, Pantai Remis
Tel: 05-341058

Kabin Chalet Lembayung Sukma
Kompleks Sukan & Rekreasi Air
Teluk Putra, Seri Iskandar, Tronoh
Tel: 05-6367759 Fax: 05-3677683

Bukit Merah Laketown Resort
Jalan Bukit Merah, Semanggol
Tel: 05-8978888 Fax: 05-8973168

Butterworth 10:54 am - 2:59 pm RM 34.00 RM 19.00 RM 11.00

Railway Station Tel: 05-2540481

BY AIR

FROM IPOH TO	FARE		FLIGHT DURATION
	ECONOMY	IST CLASS	
Kuala Lumpur	RM 66.00	RM 94.00	30 minutes
Johor Bahru	RM 159.00	RM 226.00	55 minutes

Airport Tax RM 5.00

24 hrs Reservation Hotline : 03-7463000

Airport Tel. No: 05-3122459/3120569

Malaysia Airlines Tel: 05-514155/514886/514376/514337

BY TAXI

FROM IPOH TO	Fare	
	1 PERSON	CHARTER
Kuala Lumpur	RM 20.00	RM 60.00
Penang	RM 15.00	RM 60.00
Teluk Intan	RM 7.00	-
Taiping	RM 70.00	-
Kuala Kangsar	-	RM 10.00
Kota Bharu	-	RM 150.00
Alor Setar	-	RM 90.00
Tanjong Malim	RM 20.00	-
Cameron Highlands	-	RM 60.00
Tapah	RM 10.00	-

From Sultan Azlan Shah Airport to Ipoh City - RM 10.00

Radio Cab : 05-2540241/2534188

Outstation Taxis 05-2412189/2540241

PLACES OF INTEREST

■ Lata Iskandar Waterfalls

The Lata Iskandar Waterfalls, on the way up to Cameron Highlands from Tapah, is an ideal picnic area and favourite stopover. Its surrounding jungle is home to one of the largest variety of exotic insect and plant life in the world. Traditional earthenware pottery is crafted at Kampung Kerayung.



■ Sungkai Deer Farm

Situated in Manderang, Sungkai, about 82km from Ipoh, this deer farm is only one of its kind in the country. Established in 1978, there are approximately 100 deer roaming freely on this 100-hectare breeding and conservation project site. There is also an exotic bird sanctuary nearby. For more information, contact the Dept of Wildlife and National Parks at Sungkai 05 -5273411.

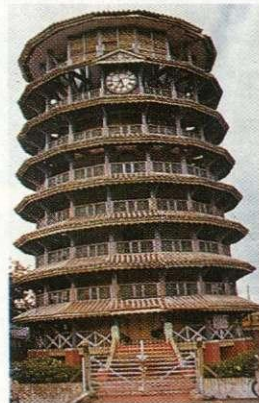
■ Pasir Salak Historical Complex

Time seems to stand still in this little village beside a slow river. Pasir Salak is well-known for its ancient Malay architecture and craft: every wooden house is decorated with intricate traditional designs and nature inspired motifs. Here, too, stands the memorial dedicated to the historical incident in which the first British Resident in Perak, J.W.W. Birch was slain by the late Maharaja Lela, Dato' Sagor and Si Puntum. There are also two 'Kutai House' (Perak traditional house) inside the complex. These houses would display various local historical and Malay culture artifacts.



■ Teluk Intan Leaning Tower

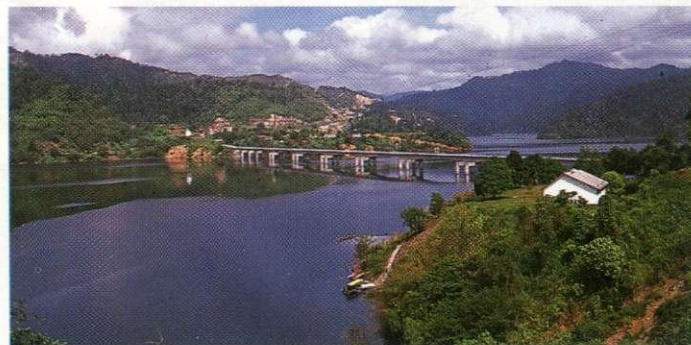
The pride of Teluk Intan, 84km from Ipoh, is its spectacular Leaning Tower. Reminiscent of the Leaning Tower of Pisa this pagoda-like structure was built in 1885 by a Chinese contractor, Leong Choon Choong. The dominating 25.5m tower was once used for water storage.



■ Banding Resort

The Banding resort, 35km from Grik, is the ideal place for fishing enthusiasts and those who really want to get away from it all. This remote resort covers 103.6 hectares next to the Temenggor Lake at the mid-point of the East-West highway. The lake delivers fish of generous proportions and there is ample opportunity for trekking, camping and picnicking. At present, there is a modern restaurant and resthouse which provides comfortable accommodation. Plans are underway for expansion and improvement of the existing facilities.

For more information, contact 011-329027



■ Kuala Gula Bird Sanctuary

Kuala Gula is famous for the variety of exotic birds which come here to nest. Over 100 species of birds, some of them protected, have been sighted in this area. Mammals can also be seen here, among them the smooth otter, dusky leaf monkey, long-tailed macaque and the ridge-back dolphin. The best time to visit is between September and December, when thousands of birds can be seen in the area.



house inside the complex. These houses would display various local historical and Malay culture artifacts.



■ Lumut

Lumut is situated about 84km south of Ipoh and is well-known for its beautiful shell and coral handicraft. Mainly a fishing village, it is the departure point from the mainland for those wanting to visit Pulau Pangkor.

The annual Pesta Laut or Sea Festival is held at Teluk Batik, Lumut in August and attracts thousands of visitors. There are sea-sport competitions, culture shows and fun-and-food fairs for young and old to enjoy. Please check with the Perak Tourist Information Centre for the actual date of Pesta Laut Lumut.



■ Teluk Batik

About 6.5km from Lumut lies Teluk Batik, a favourite spot for campers, picnickers, swimmers and sun-lovers. The stretches of white sandy beach are ideal for whatever activity of inactivity you have in mind. You can rent rooms and chalets along the beach at bargain prices. Contact the Manager of Teluk Batik Chalets. (05-6835554) for reservations.



Pangkor Island

The most popular island resort in Perak, Pangkor welcomes visitors with its serene, golden beaches, crystalline blue water and cool, refreshing breezes. Located about 90km south-west of Ipoh, it is largely inhabited by fisherfolk. They live in scattered fishing settlements along the coast especially on the eastern side, facing the town of Lumut and Teluk Batik, and their catch comprises mainly cuttle-fish and anchovy.

It takes 40 minutes by ferry from Lumut to Pangkor Island; the fare is RM 4.00. The modern facilities make it an ideal gateway. A wide range of sun and sea activities are available: scuba diving, wind-surfing, fishing, snorkeling. The following are the main attractions on the island.



■ Kota Belanda (Dutch Fort)

At Teluk Gedung lies the 300-year-old stone foundations of a Dutch Fort. Built in 1670, it was one of the Dutch strongholds against pirates and local Malays. The fort was abandoned after it was attacked by a local warrior, Panglima Kulub, and his followers. Muzium Negara undertook its reconstruction in 1973.

■ Pantai Puteri Dewi (Golden Sands)

This beautiful beach paradise was named Pantai Puteri Dewi (literally, Beach of the Lovely Princess). Pan Pacific Resort Pangkor (05-6851399) along this stretch of beach offers elegant accommodation with 161 rooms, a sports hall, a golf course, convention rooms, and facilities for snorkeling and windsurfing.



■ Pasir Bogak

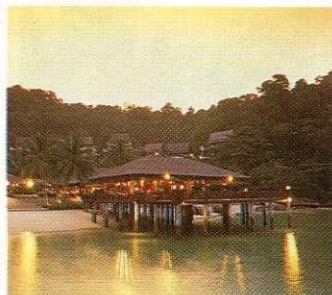
Here, the shallow crystal-clear waters enables you to frolic in the water along the vast coral reef. Accommodation ranges from hotels, government resthouse to budget-wise attap huts.



■ Teluk Nipah

This exotic bay on the coast is accessible by bicycle and motorcycle from Pasir Bogak, Teluk Ketapang and Teluk Belanga.

■ Pangkor Laut



Affectionately known as Fantasy Island, Pangkor Laut Resort is every tourist's dream come true, from the moment pretty maidens welcomes him with garlands and warm genius smiles.

The resort offers international standard chalet-type accommodation with facilities for recreation, sea-sports, complete with gym

and disco. For reservations, call 03-2423697 (Kuala Lumpur), 05-6835495 (Lumut), or 05-6991100 (Pulau Pangkor).

PERAK DARUL RIDZUAN

